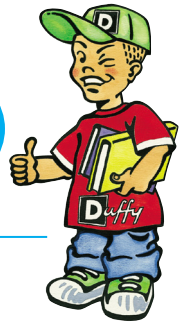
Duffy Kids' Activity Sheet

I am brave enough to try!

I ask for help when I need it



My name is _____

What are 10 things you like about yourself?

What are 5 things you would love to learn about?

What's a challenge you had that was really tough for you? It can be anything from a spelling test to forgetting where your shoes were.

What did you learn about yourself after going through that challenge?